

GRADUATE STUDENT GUIDEBOOK
2009-2010

IMPORTANT NUMBERS (AREA CODE 574)

Security - Emergency	911
Security - Non Emergency	631-5555
Risk Management	631-5037
Counseling Center Crisis Line	631-7336
Emergency Maintenance	631-8888

Campus phone to campus phone
dial 1 + last 4 digits of number

Outside call
dial 8, followed by the number

Alumni Association	631-6000	Hesburgh Library	631-6258
Anthony Travel	631-7080	Information / LaFortune box office	631-5000
Campus Ministry	631-7800	ISSA Immigration Office	631-5243
Career Center	631-5200	ISSA Programs	631-3825
Center for Research Computing	631-2400	Kaneb Center	631-9146
Center for Social Concerns	631-5293	MSPS	631-6841
Counseling Center	631-7336	ND Fed. Credit Union (LaFortune)	631-8222
FedEx Kinkos (LaFortune)	631-6671	OIT Help Desk	631-8111
Financial Aid Office	631-6436	RecSports	631-6100
Gender Relations Center	631-9340	Registrar's Office	631-7043
Graduate School	631-7544	Residence Life and Housing	631-5878
Graduate Student Union Office	631-6963	Safewalk	631-5555
Health Services	631-7497	Student Accounts	631-7113
Insurance Office	631-6114	Student Activities	631-7308
Pharmacy	631-6574	University Hair Stylist	631-5144
Hearing Impaired TDD/TTY Users	631-8TDD	Writing Center	631-5390

2009-2010 ACADEMIC CALENDAR

Aug. 25	Tuesday	Classes begin
Sept. 2	Wednesday	Last date for all class changes
Sept. 7	Monday	Labor Day - classes are in session
Oct. 16	Friday	Mid-Term deficiency reports submitted through insideND by 3:45 p.m.
Oct. 17-25	Saturday-Sunday	Mid-Term break
Oct. 30	Friday	Last day for course discontinuance
Nov. 16-Dec. 2	Monday-Wednesday	Registration for the Spring 2010 semester
Nov. 25-29	Wednesday-Sunday	Thanksgiving Holiday
Dec. 1-13	Tuesday-Sunday	Course Instructor Feedback administered
Dec. 10	Thursday	Last class day
Dec. 11-13	Friday-Sunday	Reading Days (no examinations)
Dec. 14-18	Monday-Friday	Final examinations
Dec. 21	Monday	All grades submitted through insideND by 3:45 p.m.
Jan. 3	Sunday	January graduation date (no ceremony)

Cover photograph credit: Caitlyn Shea Butler, Civil Engineering and Geological Sciences



UNIVERSITY OF NOTRE DAME

OFFICE OF THE PRESIDENT

400 Main Building
Notre Dame, Indiana
46556 USA

Rev. John I. Jenkins, C.S.C.
President

Telephone (574) 631-8261
Facsimile (574) 631-2770
E-mail president@nd.edu

Dear Incoming Notre Dame Graduate Student:

I warmly welcome you to the University of Notre Dame. We are thrilled that you chose our University as the place to continue your studies.

As a graduate student at Notre Dame, I hope that you will find your days here a time of personal growth, intellectual challenge, and professional exploration. I encourage you to become an active member of the community, taking full advantage of academic, social, recreational, and spiritual opportunities. I invite you to fully embrace the rigor of your course work, sharing your talents and perspectives with, and learning from your faculty and colleagues.

The resources offered by the University in support of your work are abundant. In addition to making use of the library, laboratories, and classroom space, I invite your participation in programs developed by the Graduate School Office and the Graduate Student Union. In particular, several programs are offered to assist you in making a smooth and rapid transition to the University.

Once again, I welcome you to the Notre Dame family. I wish you great success and joy in your intellectual pursuits, and I look forward to seeing you sometime in the near future.

In Notre Dame,

A handwritten signature in black ink, appearing to read "Rev. John I. Jenkins".

Rev. John I. Jenkins, C.S.C.
President

WELCOME FROM DEAN STERLING

Dear Student,

Welcome to the Graduate School at the University of Notre Dame. You are beginning a major transition in your life. Your experience will be quite different from your experience as an undergraduate. As an undergraduate you went through a series of firsts in your life. It was probably the first time that you lived away from home for an extended period of time. You discovered a great deal about yourself as a human being during those years. You settled on a career trajectory. You were a member of a class and had common social experiences with a large group of other people.



Graduate education is different. You know who you are as a human. You are here to become a professional, to move from being a student to a scholar. You will not identify with a class as much as with a professor or select group of professors and a select group of students. The social world of your undergraduate experience will give way to the professional world of graduate school.

The experience is intense and is intended to be. It will challenge you. At the same time, it should broaden you as a human being. There are many people who can either assist you or help enrich your experience. I hope that you will take advantage not only of the expertise of the faculty with whom you will work, but of the varied opportunities on campus and in the community.

These can be special years in your life, perhaps some of the best. You will work hard, but you can also enjoy them immensely. This *Guidebook* will help you learn some of what is available. I hope that I will have the pleasure of meeting you personally. I wish you the very best in your career here and beyond.

Sincerely,

Gregory E. Sterling
Dean, The Graduate School



WELCOME FROM THE GRADUATE STUDENT UNION

Dear Student,

Welcome to Notre Dame! As president of the Graduate Student Union (GSU), I am delighted you are here and want to encourage you to take advantage of the many opportunities the GSU offers. Whether in the academic realm with resources like our conference travel grant and the GSU research symposium, in the bureaucratic realm where we will represent your interests to the university, or in the social realm with a variety of free and subsidized events, we in the GSU pledge to work hard to enhance your graduate school experience. Please visit our website, www.gsu.nd.edu, for more information on all aspects of graduate student life including upcoming events and important news.

The GSU executive team is comprised of the president and co-vice presidents, committees (including academic affairs, electronic resources, external affairs, health care, orientation, publicity and procedures, quality of life, and social events), and department representatives. As with any association, the GSU's quality and effectiveness is only as good as the participation of its members, so I strongly encourage you to be actively involved in the GSU during the upcoming year and throughout your career at Notre Dame. Our meetings are open to all grad students and are usually held the second Thursday of every month during the academic year at 7:00pm in the Notre Dame Room, LaFortune Student Center. Many departments have openings for department representatives as well.

We hope the Graduate Student Guidebook provides a good introduction to Campus and the surrounding community. Please let us know your suggestions for next year's book. Your input is important as we edit and expand this first edition for next year's orientation. Also, another good resource is DuLac, a graduate student's handbook to campus resources and rules, regulations, and codes of the University. DuLac is distributed by the Office of Residence Life and Housing.

Thank you to the Graduate School for co-sponsoring this project with us.

If you have questions I can assist you with, please do not hesitate to contact me.

Thanks,
Andy Bramsen, GSU President

CONTACT THE GSU OFFICERS

Andrew Bramsen
GSU President
(abramsen@nd.edu)

Carolyn Rodak
GSU Co-Vice President
(crodak@nd.edu)

Victoria Froude
GSU Co-Vice President
(vfroude@nd.edu)

CONTACT THE GSU OFFICE



Donna Frahn, Administrative Assistant, (frahn.2@nd.edu)
Mezzanine - LaFortune Student Center
Phone: (574) 631-6963:: Fax: (574) 631-6810
gsu.1@nd.edu
<http://www.gsu.nd.edu>

Office Hours: 8:00AM – 2:00PM (Monday-Friday)

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CAMPUS RESOURCES

NOTRE DAME SECURITY POLICE DEPARTMENT (NDSP)

HAMMES MOWBRAY HALL
 (574) 631-5555
 ndsp@nd.edu
<http://ndsp.nd.edu>

The University of Notre Dame Security Police Department, located in Hammes Mowbray Hall just east of the Power Plant, is fully authorized as a police agency by the State of Indiana. The department employs both sworn police officers and non-sworn security officers who patrol campus and respond to emergencies. Additional staff members work as security monitors or in other support positions in the department. Notre Dame police officers complete state mandated training requirements established for law enforcement officers and have the same legal authority as any other police officer in Indiana.

Notre Dame Security Police staff frequently work with city, county, state and federal law enforcement authorities. Agencies cooperate whenever possible on investigations and crime prevention programs to provide the best possible police services to our campus and local communities. Notre Dame Security Police staff offer an array of other services for the community. When you don't know who to call, feel free to contact them for assistance.

Emergency Response	911 or (574) 631-5555
Campus Patrol	(574) 631-5555
Crime Reporting	(574) 631-5555
Anonymous Crime Reporting	ndsp.nd.edu
Safe-Walk Safety Escorts	(574) 631-5555
Investigations	(574) 631-8340
Parking Services	(574) 631-5053
Event Security	(574) 631-8343
Crime Prevention Services	(574) 631-3089 or kshibata@nd.edu Rape Aggression Defense Classes: Self-Defense Class for Women Educational Classes/Events (tailored to your needs) Problem Solving/Planning around Crime Issues "SafetyBeat" monthly crime information bulletin Specialized services available upon request
Safety and Security Information	Crime Prevention Officer or http://ndsp.nd.edu/crime-information-and-clery-act
Lost and Found	(574) 631-5036 or at lost@nd.edu , search database of found items or report lost items at http://ndsp.nd.edu/lost-and-found
Bike Registration	Flag down an officer or come to Hammes Mowbray Hall with your bike. You can also schedule a registration event for your group by calling 631-3089
Property Registration	http://ndsp.nd.edu/online-forms-and-registration
Campus Crime Blotter	http://ndsp.nd.edu/crime-information-and-clery-act/crime-blotter
Campus Crime Alerts	http://ndsp.nd.edu/crime-information-and-clery-act
Campus Crime Statistics	http://ndsp.nd.edu/crime-information-and-clery-act

UNIVERSITY HEALTH SERVICES

CALL 911 FOR MEDICAL EMERGENCIES

SAINT LIAM HALL

Open 24/7 during academic year, 8am-4pm during summer session

Physician hours are Monday -Friday, 9am-5pm.

Office visits by calling for an appointment at 631-7497 or by walk-in

(574) 631-7497

<http://uhs.nd.edu>

University Health Services (UHS) provides treatment of illness and injury to all currently enrolled students. UHS is staffed by physicians and registered nurses 24/7 during the academic year and 8am - 4pm during summer session. Services include a walk-in clinic, pharmacy, allergy injections, travel consultations, vaccinations, laboratory tests, x-rays and physical therapy. If you are seriously ill, you may be admitted to our inpatient observation unit upon orders from a University physician.

Health education programs are coordinated by UHS Medical Outreach Services. Refer to the UHS web site, uhs.nd.edu, or contact Ruthann Heberle at 631.8662.

All Dimensions of UHS health care services respect the dignity of each individual and support the Catholic character of the University of Notre Dame. All medical records are strictly confidential. No medical information is released without the patient's consent, except as required by law.

HEALTH INSURANCE INFORMATION 2009-2010

by Amy Fagan
GSU Health Care Chair

Health insurance is required for all graduate students attending Notre Dame. As an enrolled graduate student, you are automatically enrolled in the University's student health insurance plan. If you decide not to obtain coverage through this plan, you must provide proof of enrollment in a comparable insurance plan by **September 15, 2008**. A waiver card to do so can be obtained at the University Health Services insurance office in Saint Liam Hall.

The Notre Dame student health insurance plan is underwritten by Aetna Life Insurance Company. The coverage year runs from August 15, 2009, to August 14, 2010. Early in the fall semester, each student will receive a booklet detailing the insurance plan along with their health insurance ID card.

This factsheet is meant to highlight some of the most important aspects of the plan. For information, please refer to the UHS web site, uhs.nd.edu. Additional questions can be e-mailed to Amy Fagan, the GSU health care chair, at Amy.Bacastow.1@nd.edu or to Connie Morrow, Assistant Director of Office Operations at cmorrow@nd.edu, 631-6114 (Insurance and Account Office).

BASIC INFORMATION WE SHOULD ALL BE AWARE OF REGARDING HEALTH INSURANCE

There are two plans available. **PLAN ONE** is available to individual students only (\$1239). **PLAN TWO** is for dependents: Spouse-\$3,098, Each Child-\$1,859, All Children-\$2,416, Spouse and All Children-\$5,514.

PREMIUM AND SUBSIDY: The Graduate School provides a subsidy to fully funded graduate students that covers 70% of the yearly health insurance premium of \$1,239. This subsidy of \$867 means students are responsible for paying the other \$372 for the year.

DEDUCTIBLE: This is the amount that insured students are responsible for at hospitals and other off-campus medical providers. The deductible is a flat \$200 per person, not per injury/ illness as it has been in the past. Services rendered at University Health services are 100% reimbursed, no cost to the student except prescription co-pays. Only students can access the health center but all others can access the pharmacy.

HOSPITAL AND ER SERVICES: Because the student health insurance plan is a “preferred provider” plan, we must go to Memorial Hospital located at 615 North Michigan Street in South Bend, (574) 284-7458.

REFERRALS: A University Health Services referral is needed for most care done outside of the University Health Center (UHC). The exceptions are medical emergencies, maternity, routine exams, mammograms, and when the UHC is closed or the student is more than 25 miles from campus. Referrals are needed for students only, and not for dependents.

PRESCRIPTIONS: For the best coverage, prescriptions must be filled at the University Health Center on campus. There are co-pays when you get your prescriptions filled at the UHS Pharmacy on campus. The co-pays are \$5 (copay for generic), \$25 (copay for brand-name) and \$35 (copay for brand-name if generic available). Off campus, after the deductible has been satisfied, the coverage for prescriptions is as follows: 80% (generic prescription drug), 60% (preferred brand name prescription drug), no coverage for Non-Preferred brand name prescription drugs.

Benefits for contraceptives are covered only when medically necessary. Allergy injections, serums and oral allergy medications for students are covered at University Health Services only. Immunizations for students at the Health Center are covered at 100%.

COUNSELING AND MENTAL HEALTH: Treatment of mental health is covered the same as any other sickness. Students seeking mental health care are encouraged to visit the University Counseling Center (UCC) located in Saint Liam Hall. A referral from the UCC is needed for outside care.

DENTAL AND EYE CARE: Aetna offers Dental Advantage. You pay the premium amount directly to Aetna, which is a separate cost outside of the health insurance premium (Student: \$113, Spouse: \$118, Children: \$176). Students do not need to be enrolled in the Student Sickness and Accident plan in order to enroll. There is no cost for the Vision discount plan. It is already included in the premium package. It is a discount plan so charges to preferred providers are reduced.

PREVENTATIVE CARE: Each student is authorized one wellness physical or gynecological visit per coverage year. No referral is needed to visit an off-campus doctor for this purpose.

NON-UNIVERSITY PROVIDERS: To see an off-campus doctor (within a 25 mile radius of campus), students must first receive a referral from the University Health Center (except for Obstetrics and Gynecology care, Mammograms and Wellness physicals).

“OUT OF NETWORK” PROVIDERS: Lower benefits and higher out-of-pocket expenses are incurred when a student seeks medical care outside of the network. The maximum out-of-pocket expense for out of network care is \$2500 for the coverage year.

UNIVERSITY COUNSELING CENTER

24 HOUR URGENT CRISIS SERVICE: (574) 631-7336

THIRD FLOOR OF SAINT LIAM HALL
M-F 9:00am-5:00pm
(574) 631-7336
<http://ucc.nd.edu>

The UCC is staffed with licensed psychologists and social workers who provide confidential individual and group counseling. The center offers individual, group, couples, and crisis counseling services. We also have a psychiatrist who is at the center two days a week for medication consults and a nutritionist. We provide referrals for students who plan to work with mental health professionals in the community and want to use their University sponsored health insurance. Fees for services are nominal. If fees pose a financial hardship arrangements will be made so that services remain available.

Much more information about these programs and additional services are listed on the UCC website.

GRADUATE THERAPY SUPPORT GROUP

STRESSED OUT BY GRADUATE SCHOOL?

This group is designed for grad students who want more self-understanding and greater confidence. Also for those who have experienced relationship difficulties or loss and are looking for support and strategies for coping and personal growth. Consider joining a confidential counseling group with other graduate students. Contact Len Hickman, Ph.D (574.631.7336)

LET'S TALK

Let's Talk is an opportunity for students who don't want therapy but want a chance to talk face to face with an experienced counselor without needing to schedule an appointment; *Let's Talk* is confidential and completely free. Just walk-in during the times listed because no appointments are necessary!

Meets Thursdays of the academic year (except university breaks), starting on September 10th from 2 p.m. – 4 p.m. in the MSPS and ISSA offices, 2nd Floor LaFortune Student Center.

Contact Megan Brown, Ph.D. for more info. (631.7336)

INNER RESOURCES ROOM

This room has resources for calming and focusing yourself. Students can also use a massage chair for relaxation and light box for treatment of Seasonal Affective Disorder.

URGENT CARE, WARM LINE CONSULTATION

Warm Line is a non-emergency help line for faculty and teaching assistants who have concerns about their students' mental health. Call the University Counseling Center at 631-7336 and ask for the Warm Line. This will put you in contact with the next available Warm Line therapist.

Urgent Care, Referral Services, Warm Line and the Inner Resources services can be accessed through contact with the UCC. Call 631-7336 or come to the UCC during office hours.

OFFICE OF STUDENT ACCOUNTS

100 MAIN BUILDING
M-F 8am-5pm
(574) 631-7113
stdacct.1@nd.edu
www.nd.edu/~stdacct

The Office of Student Accounts monitors students' accounts for accuracy and generates and mails the monthly Student Account statements. Student Accounts also acts as a clearinghouse for issuing student charges and credits, in addition to processing payments and refunds.

STUDENT ACCOUNT BASICS

Students may access student account information on the Web through insideND at inside.nd.edu. Once logged in, click the "Student Academic" tab and then "My Student Account Balance" in the Student Financial Services channel to view your student account information.

Due Date? Payment of fall semester charges is due on or before August 12, 2009, and payment of spring semester charges is due on or before January 4, 2010. All accounts must be settled before the due date, or enrollment may be denied. Monthly personal charges (e.g. bookstore, health center, etc.) are due upon receipt of the monthly statement.

Payroll Deductions? Students may sign up on the Student Account office to have a deduction from their payroll applied to the balance of their account. It is only available if the deduction will take the balance to zero at the end of the academic year.

Monthly Payment Plan? The monthly payment option allows students to make payments over a period of 9 or 10 months. Online enrollment is found on the Student Accounts website.

Where do I pay? Payments may be made by using the remittance envelope provided with the statement or by mailing the payment to Notre Dame, P.O. Box 11116, South Bend, IN 46634-0116. *Any student* may make a payment in person at the Notre Dame Federal Credit Union in the LaFortune Student Center.

What methods of payment are accepted? Personal check, cashier's check, money order, or wire transfer. Cash payments can also be made at

the Notre Dame Federal Credit Union in LaFortune Student Center. Credit cards are not accepted.

Receipt of my payments? The official receipt is the next month's Student Accounts statement, which will reflect the payment. Also, all unbilled activity (as well as previous statements) can be viewed through insideND.

When will I receive a bill? The fall semester statement is issued in mid-July; the spring statement is issued in early December. These statements list charges for tuition, fees, and room and board. Additional statements for personal charges, including bookstore, health services, laundry, etc. are issued on a monthly basis.

Where will my billing statement be mailed? Graduate student statements are mailed to the student at the campus or local address from August through April. **In May, June, and July, if there is no campus or local address, statements will be mailed to the permanent home address.**

How can I change my billing address? Students who desire their statements to be mailed to a different address must make a request in writing or in person at the Office of Student Accounts. All students should report their home and off-campus local address changes to the Office of the Registrar (or on inside.nd.edu).

OFFICE OF INFORMATION TECHNOLOGIES (OIT)

HELP DESK - 128 DEBARTOLO :: STORE - 103 INFO. TECH. CENTER (next to Hesburgh Library)
M-F 8am - 5pm :: During academic year, extra phone support is available F 8am-5pm & Sun. 3pm-8pm
HELP DESK (574) 631-8111
oithelp@nd.edu
<http://oit.nd.edu/>

The OIT provides the technology products and services that you will use every day to complete tasks related to your studies. Please see website for information on:

- Google Apps for Gmail
- Passwords & Accounts
- Voice, Data, & Video
- ND-secure Wireless
- Classrooms & Student Computer Labs
- Print/Scan/Copy
- Presentation Technologies
- Security
- Course Management
- Shared File Space
- Web Hosting & Publishing
- Software
- Equipment
- Support
- Corporate Data
- Policies

OIT has organized a list of instructions to get you started at Notre Dame:
<http://oit.nd.edu/start/index.shtml>

BASICS OF THE BASICS:

NETWORKS AND SECURITY

The Notre Dame networks include ND Secure, nomad (unsecure), and ND Guest (enter guest information and your ID/password). To use an ND network on your computer, you must download TakeCharge, ND's Free security package. See <http://secure.nd.edu/>.

WEBFILE <http://webfile.nd.edu>

A centrally managed, shared file system for both personal and institutional use, Institutional File Space (IFS) at Notre Dame consists of two major components: NetFile which primarily supports the Windows and Mac community and AFS (Andrew File System) which primarily supports the Unix community. Every student has their own personal IFS space, which is automatically backed-up nightly by OIT. You can also use webfile to publish websites: http://oit.nd.edu/shared_file_space/

YOUR WEBSITE www.nd.edu/~YOUR_NETID

Every student can publish to the web by uploading files to the Netfile or AFS www folder. Also see http://oit.nd.edu/shared_file_space/ to publish websites in Dreamworks or Contribute.

EMAIL

The default is gmail. If you want to use Outlook or Thunderbird, refer to <http://oit.nd.edu/google/>.

HELP DESK

(574) 631-8111/ oithelp@nd.edu /Location: 128 DeBartolo Hall
Approach the help desk with your computer questions.

SERVICE AND REPAIR

102 Information Technology Center.

STORE

103 Information Technology Center. Purchase a computer, software, or supplies.

GRAD STUDENT TIPS

- If you live off-campus, you can save \$11-16/month on Comcast Internet. Join the COMCAST AFFINITY PLAN at http://oit.nd.edu/cabletv/comcast_affinity.shtml.
- If you purchase your computer using fellowship money and go through procurement, you need to buy Lenovo, unless you get special permission.
- Purchase Microsoft Office for \$50 at the OIT store.

CENTER FOR RESEARCH COMPUTING

INFORMATION TECHNOLOGY CENTER

(574) 631-2400

CRCsupport @ nd.edu

<http://crc.nd.edu/>



The Center for Research Computing promotes research agendas across campus through the availability and use of state of the art high end computing and communication infrastructure and associated resources, especially skilled technical computing staff. They provide system administration, user support and training as well as hardware, software, and data storage. For more information, consult their website.

UNIVERSITY WRITING CENTER

203 COLEMAN-MORSE

M-Th 10am-10pm :: F 10am-1pm :: Sun, 1pm-10pm

(574) 631-5390

writing@nd.edu

<http://writingcenter.nd.edu/>

The University Writing Center offers free, one-on-one consultations with writers from all disciplines, at any level of study, at any stage in the composing process. Graduate students can choose to work with an undergraduate or graduate consultant. Our consultants are prepared to work with graduate student writers on course papers, dissertation chapters, conference proposals and presentations, and publication drafts. Students are welcome to make appointments to discuss ideas before completing a draft or to bring in draft material at any stage of revision.

For more information or to make an appointment, visit their website at <http://writingcenter.nd.edu>.

HESBURGH LIBRARIES

The Hesburgh Libraries are comprised of one main library (Hesburgh Library) and several branch libraries located throughout campus.

(574) 631-6258

asklib.nd.edu

www.library.nd.edu

The Hesburgh Libraries are a great destination for scholars. The Hesburgh Library and library branches house most of the books, journals, manuscripts, and other library materials available on campus. The collections contain over three million volumes, over 5,000 electronic journal titles, and more than 21,000 audio-visual items in support of Notre Dame's teaching and research programs. Special Collections include everything from rare illuminated manuscripts to Civil War weaponry. Fifty professional librarians and 150 support staff are available to assist with the research needs of everyone on campus.

- Please visit <http://www.library.nd.edu/directory/subjects> for a list of subject librarians and contact information.
- Research consultations can be arranged. See <http://asklib.nd.edu>.
- Visit <http://www.library.nd.edu/services/grads.shtml> for a full list of graduate student services.

GRADUATE STUDENT COMPUTER LAB

The Graduate Student Union has a computer lab on the 11th floor of the Hesburgh library. Resources include 8 Windows stations, 1 Mac station, and a black and white printer. Graduate students who wish to have access to this lab may obtain a key from Donna Frahn. Donna's office is in the Mezzanine of the LaFortune Student Center, and she is usually available between 8am and 2pm, Monday through Friday. A \$10 fee is required to get a key.

GRADUATE STUDENT STUDY LOUNGE

The graduate student study room is on the 10th floor, west/northwest corner. The room has open carrels and a new flat screen to practice presentations. It is available during regular library hours. Access to the study lounge is controlled by a keypad. Donna Frahn in the Graduate Student Union office in LaFortune will provide the access code.

LIBRARY ORIENTATION SESSIONS:

Wednesday, August 26th, 12:30-2:00

Thursday, August 27th, 4:00-5:30

Both sessions will be held in Hesburgh
Library room 222/222a.

No registration is necessary.

Light refreshments will be served.



The World of Life Mural, or "Touchdown Jesus" is composed of 81 different stones, in 171 finishes, from 16 countries.

GRADUATE STUDENT CAREER SERVICES, THE CAREER CENTER

248 FLANNER HALL
M-F 8:00am - 5:00pm
(574) 631-5200
ndcps@nd.edu
<http://careercenter.nd.edu/>

The Office of Graduate Student Career Services provides career-related support to Notre Dame graduate students through a variety of programs and services designed to support career development and expand one's future professional opportunities.

Below are listed specific programs for graduate students. However, graduate students should realize that any program or resource offered at the career center is available to them! Some of the most valuable resources are GoIRISH (ND's online recruiting database), IrishOnline (ND Alumni contact information), and a myriad of job search databases which are only available to individuals while they are ND students. We encourage you to become fully knowledgeable with the many resources available on their website.

The most widely used services include:

INDIVIDUAL CAREER COUNSELING

Call the office to make an appointment (30 - 50 minutes). Often student concerns focus on preparing job application documents, researching job listings and companies, practice interviewing, evaluating future career goals, deciding whether academia is the right fit, self-assessment inventories.

WORKSHOPS

A variety of career related workshops are offered throughout the year. Workshops are offered for those seeking both academic and non-academic positions. For all upcoming events, please go to our website and click on "Upcoming Events" for more detailed information. If you have an idea and would like to host a workshop specifically for your department, please send your request to Lisa Anderson at anderson.204@nd.edu.

RESOURCES

Take advantage of career center resources which include online databases, a myriad of workshops, presentations by recruiters and guest speakers, practice interview sessions, and walk-in hours (15 minute sessions) every day from 1:00 - 4:30 p.m.

From Lisa Anderson, Assistant Director, Graduate Career Programs:

I wish you all the best in your graduate career! It will be one of the most exciting, demanding, and possibly stressful times in your life. From my perspective, the students who seem to excel are those who take charge of their graduate career from their very first year through to completion. Key ingredients to doing this well are to allow enough time to take stock of your own strengths and weaknesses, commit yourself 100% to what you are studying, plan each step along the way, and stay focused on your long term goals. We, at the Career Center, are here to assist you in this process. We look forward to working with you!

KANEB CENTER FOR TEACHING AND LEARNING

353 DEBARTOLO HALL
8:30-5:00 M-F
(574) 631-9146
kaneb@nd.edu
<http://kaneb.nd.edu/>

The Kaneb Center stimulates reflection about teaching and learning and advocates for the enhancement of practices, policies and structures related to teaching and learning. Kaneb Center staff offer consultations, workshops and other services to help graduate students develop as teachers and pursue their careers as academics. Please visit their website for the workshop schedule and their extensive list of services and resources to help with your current teaching position or to prepare you for your future faculty position.

Graduate Student Programs and Workshops:

CERTIFICATION PROGRAMS

- Striving for Excellence in Teaching
- Teaching Well Using Technology
- Advanced Teaching Certificate Program

CAREER DEVELOPMENT WORKSHOP SERIES

In collaboration with the Career Center, Kaneb offers a series that will help you prepare for an academic job search. Workshop topics include writing effective CVs and cover letters, developing a teaching philosophy statement, and interviewing for academic jobs.

PRE-DOCTORAL FELLOWSHIP (Arts and Letters)

With funding from the Graduate School and the College of Arts and Letters, up to four graduate students are selected from a competitive applicant pool to spend an academic year working at an institution that will contribute to their development as teachers and researchers.

GRAD STUDENT TEACHING APPRENTICESHIP (Science and Engineering)

For this program, students in the Colleges of Science and Engineering carry out a mentored advanced teaching experience within their department. The students take on more responsibilities than the normal Teaching Assistant to develop their academic portfolio.

Best place for a coffee break

"My favorite coffee break to take on campus is probably at the Irish Cafe in the law building extension. It's a huge room with lots of open seating and has lots of big windows to let the natural light in, unlike my lab in a basement."

Victoria Froude, Chemical Engineering



"The best place to get coffee on campus is Waddick's in O'Shaughnessy. They have a huge selection of flavored coffees and if you bring your own mug you get a good deal. If it's nice outside, there is nothing better than enjoying your coffee out on the quad with some good company!"

Megan McCollough, Civil Engineering and Geological Sciences

CAMPUS MINISTRY

COLEMAN-MORSE CENTER
M-F 8:00am - 5:00pm
(574) 631-7800
ministry@nd.edu
<http://campusministry.nd.edu/>

FOG CHAPLAIN
Rev. Martin Lam Nguyen, C.S.C.
Fischer O'Hara Grace Residences
574.631.7882 (office at Riley Hall)
574.631.5034 (personal residence)
Nguyen.34@nd.edu

Take time from your intense academic responsibilities and nourish your spiritual life. At Notre Dame, we offer graduate and professional students of all faith backgrounds the resources and opportunities to thrive inside and outside the classroom.

WORSHIP

MASS: Join in worship with your fellow graduate students and participate in liturgical ministries at:

University Village Chapel – Sunday, 10:00am Mass
Fischer/O'Hara Grace Chapel – Daily, 8:00am / Sunday, 9:00pm Mass

CROSS CULTURAL MASS: Please refer to website for cross cultural programs and worship including Mass in the African American Tradition and Mass rooted in the Hispanic tradition.

OTHER COMMUNITIES OF FAITH: A list of Protestant, Orthodox, Jew, Muslim, and Buddhist resources can be found at: <http://campusministry.nd.edu/ecumenical-interfaith>

SPIRITUAL DIRECTION If you want to have an opportunity to talk about your life, where you are going, and where God fits into this plan, spiritual direction is encouraged and available to graduate and professional students. Please contact Tami Schmitz Schmitz.8@nd.edu.

THOMAS AQUINAS SOCIETY The Thomas Aquinas Society provides a friendly social and intellectual forum for Catholics, other Christians, and persons of good will, to meet, exchange and discuss ideas, and acquire a deeper understanding of the Catholic philosophical and theological heritage, especially in light of Christian Revelation and the traditions and teachings of the Catholic Church. For more information, email tac@nd.edu or visit their website at <http://www.nd.edu/~tac>.

FACULTY/STUDENT DISCUSSION DINNERS Watch for information on dinners with discussion on faith and your professional life.

CAMPUS MINISTRY OFFERINGS:

- Liturgy of the Word program and sacramental preparation for Reconciliation and Eucharist for Village families
- Rite of Christian Initiation of Adults (for those interested in joining the Catholic Church)
- Confirmation Preparation
- Marriage Preparation
- Basilica Choirs
- Basilica Ministry Opportunities (ushers, extraordinary ministers of Holy Communion, altar servers, and lectors)

CENTER FOR SOCIAL CONCERNS

GEDDES HALL

M-Th 5 – 10 pm :: F 5 pm – 7 pm :: Sat. 10am – 5 pm :: Sun. 5 – 10pm

(574) 631-5293

ndcntrsc@nd.edu

<http://socialconcerns.nd.edu/>

The Center for Social Concerns facilitates community-based learning, research and service informed by Catholic Social Tradition. Through the Center, learning becomes service to justice.

TEACHING A COMMUNITY-BASED COURSE

The Center for Social Concerns connects Notre Dame faculty and students with its 62 local community partners and hundreds of agencies worldwide to create engaged teaching, learning, and research opportunities. In the past year, over 100 courses with a community-based component were taught in every college and school. Center staff can help graduate students identify and access relevant community partners, and Center faculty can help design syllabi that integrate students' work in the community with course readings and goals to develop applied critical thinking skills. Graduate students may apply to teach one-credit Social Concerns Seminars or develop their own community-based courses with the support of their department and Center faculty. For support developing a community-based course, contact Dr. Connie Snyder Mick, Director of Social Concerns Seminars and Community-Based Learning, at cmick@nd.edu, or visit <http://socialconcerns.nd.edu/faculty/cblcourses.shtml>.

COURSE DEVELOPMENT GRANTS, COMMUNITY-BASED RESEARCH GRANTS, AND FACULTY FELLOWS

The Center for Social Concerns provides financial support for community-based teaching and research through its series of competitive grants and fellowships. Graduate students can apply for Course Development Grants that nourish new community-based partnerships or projects. They may also participate in Community-Based Research grants that provide support for innovative research projects pairing community and university experts in an effort to answer questions held in common. Graduate students who offer exemplary and sustained leadership in community-based pedagogies, learning, and research may become Faculty Fellows. To learn more about these opportunities, contact Dr. Mary Beckman, Associate Director for Academic Affairs and Research, at mbeckman@nd.edu, or visit <http://socialconcerns.nd.edu/faculty/cbr.shtml>.

SERVICE, JUSTICE EDUCATION, AND OTHER OPPORTUNITIES

For a complete overview of the ways graduate students can engage service and social justice through the Center for Social Concerns, including support for the integration of Catholic social thought into courses, visit the Center website at <http://centerforsocialconcerns.nd.edu/>. Faculty at the Center for Social Concerns would like to assist graduate students in developing new community-based teaching, research, and service initiatives for personal and professional development. Contact Dr. Jay Brandenberger, Director of Research and Assessment, at jbranden@nd.edu, to discuss initiatives related to research and assessment.

INTERNATIONAL STUDENT SERVICES & ACTIVITIES (ISSA)

PROGRAMS - LAFORTUNE 204 :: IMMIGRATION - MAIN BUILDING 121

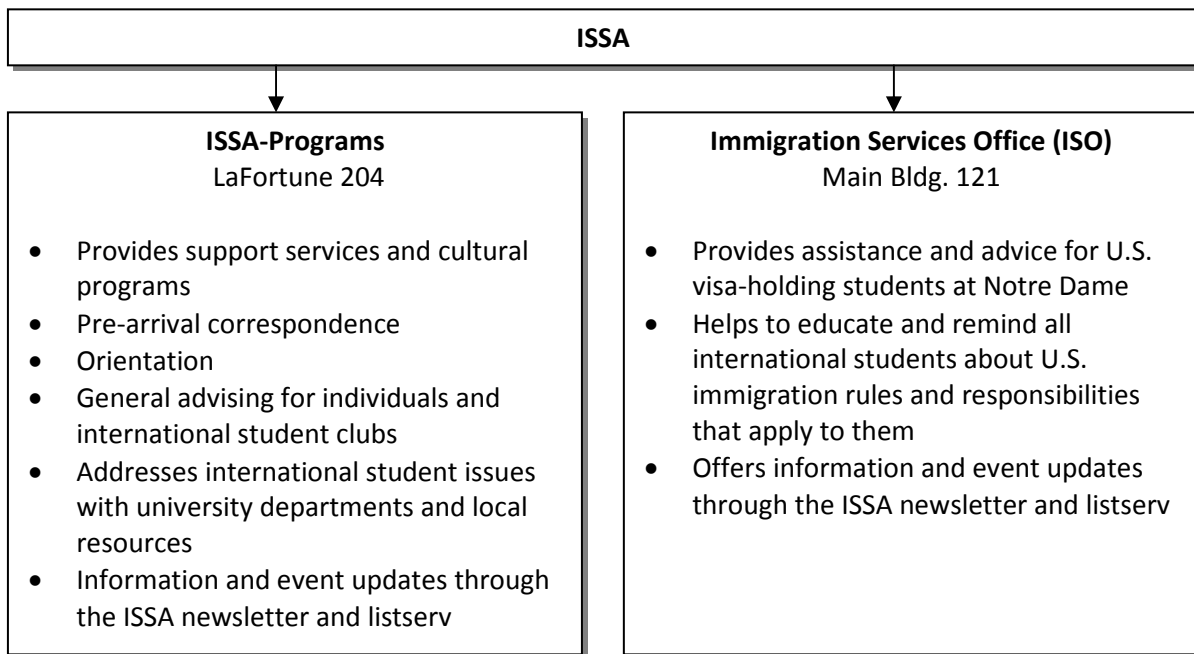
8am-5pm

LAFORTUNE - (574) 631-3825 :: MAIN BUILDING - (574) 631-5243

issa@nd.edu :: undiso@nd.edu

<http://issa.nd.edu/>

International Student Services & Activities, also known as ISSA, supports and advises the international student community of Notre Dame. ISSA staff is deeply committed to fostering a campus environment that welcomes the international student community and promotes cross-cultural interaction and understanding at Notre Dame. ISSA is comprised of two offices:



Programs include:

- Family Friendship Program
- Conversation Exchange Partners
- International Education Week
- International Festival Week, Speakers Bureau
- Tax Assistance Program.
- ESL for Spouses of International Students Program

Director is Bethany Burgun; Assistant Director Program is Elisabeth Robart; International Student Advisors are Samuel Lockhart and Laura Gerth; Senior Staff Assistants are Debbie Watts and Patti Guzowski.

MULTICULTURAL STUDENT PROGRAMS AND SERVICES (MSPS)

INTERCULTURAL CENTER, 210 LAFORTUNE STUDENT CENTER
M-F 8:30am - 5:30pm
(574) 631-6841
msps@nd.edu
www.nd.edu/~msps

Multicultural Student Programs and Services focuses on ensuring the success and retention of historically underrepresented students. It provides opportunities for exploration of diversity, personal identity, multicultural education and leadership development. The office collaborates with the other departments to assist students in obtaining professional experiences.

Programs of special interest to grad students:

NETWORKING OPPORTUNITY EVENTS AND PROFESSIONAL DEVELOPMENT

The office in collaboration with the Career Center sponsors professional development workshops with prospective employers. The events occur in the evening. Arnel Bulaoro, MSPS Assistant Director coordinates these activities. His email is abulaoro@nd.edu.

INTERRACE FORUM

An intercultural dialogue group where dinner is provided and discussed are had on a variety of topics. The topics range from ethnic/cultural issues, such as interracial dating, to current events with global implications. This is also an opportunity to interact with a diverse group of undergraduate students. Iris Outlaw, MSPS Director, is the contact person. Her email is ioutlaw@nd.edu

MICHIANA COMMUNITY RESOURCES

The office provides information on churches/parishes, ethnic restaurants and ethnic personal care businesses. Iris Outlaw, MSPS Director, or Sue Pawlicki, MSPS Coordinator of Office Services. Their respective emails are ioutlaw@nd.edu and msps@nd.edu.

PROGRAMMING OPPORTUNITIES

Michaelina Magnuson, Assistant Director for Programming and Leadership Development, addresses this component of the office. Her email address is mmagnuso@nd.edu.

On being a part of MSPS

David Baker, Chemical Engineering

"While tutoring Potawatomi middle schoolers, they sometimes ask what college is like, the life, the classes, being away from your family and culture, etc. Helping Native youth prepare for higher education at an early stage is something many people need to do, we get to do it every week."

RECSPORTS

See website for hours
(574) 631-6100
www.recsports.nd.edu

RecSports provides opportunities for recreation, fitness, and competition, as well as an important break from the rigors of academic life. Graduate students are invited to participate in most of the over 300 programs that are offered, including intramurals (men's, women's and co-rec), club sports, fitness and instructional programs, and special events, such as the Domer Run. Notre Dame provides outstanding facilities for recreation, including the Rolfs Sports Recreation Center, Rockne Memorial, and Rolfs Aquatic Center. Students (and their spouses) are admitted free of charge to most facilities, while a few facilities (e.g. Eck Tennis Pavilion) have a nominal fee. A valid student (or spouse) ID is required to use facilities or register for programs. Fitness and instructional programs offer online registration, through "recregister". For more information about RecSports, go to recsports.nd.edu, or call 631-6100.

Facilities include (note some facilities have limited availability due to athletic team practices):

ECK TENNIS PAVILLION

Enjoy playing tennis year round. Members of the Notre Dame community may reserve space (48 hours in advance) to hone their tennis skills in a welcoming environment.

NOTRE DAME GOLF COURSE/ WARREN GOLF COURSE

Discounted rates are offered to members of the Notre Dame community.

LOFTUS SPORTS CENTER

The indoor track and field facilities provide indoor recreation and fitness space, which are especially inviting during the winter months.

OUTDOOR FACILITIES

Members of the Notre Dame community can readily find football, soccer, and softball fields, along with several basketball, tennis, and sand volleyball courts located around campus.

JOYCE CENTER

The Joyce Center holds open skating hours when the ice is available.

ROCKNE MEMORIAL

The recently renovated lower level exercise room and Father Lange weight room, along with the pool, basketball courts, racquetball courts and climbing wall, provide many opportunities for recreational enjoyment.

ROLFS AQUATIC CENTER

Dive in and enjoy a swim in one of the finest multi-purpose aquatic facilities in the nation. The Rolfs Aquatic Center is located adjacent to the Joyce Center.

ROLFS SPORTS RECREATION CENTER

The University's newest recreation facility houses selectorized machines, free weights, and more than 30 cardio machines.

GRADUATE STUDENT TIPS

- If you forget your ID, you can supply your NDID (9 digit number) twice a semester. They have computers that will find your NDID if you know your netID.
- Fitness classes, especially Yoga and Pilates fill fast. To guarantee your spot, you should sign up as soon as registration opens (usually some early morning hour like 7:00am)

STUDENT ACTIVITIES OFFICE

315 LAFORTUNE STUDENT CENTER

M-F 8:00 a.m. to 5:00 p.m.

(574) 631-7308

sao@nd.edu

<http://sao.nd.edu/>

The Student Activities Office serves the campus community through development of, exposure to, participation in, and assistance with intellectual, spiritual, cultural, recreational, social, leadership, and employment opportunities. The Office also fosters an environment which values differences, the freedom of expression and the holistic development of students. SAO provides grad students with entertainment, leadership activities, social programming and graduate club recognition and support.

The Student Activities Office's entertainment, social programs and facilities are open to all graduate students and their families. We are open year round!

Please feel free to contact us with any questions or suggestions you have:

Peggy Hnatusko, Advisor to the Graduate Student Union, Director of Student Activities for Programming

For LaFortune Student Center, Stepan Center, Fieldhouse Mall and Outdoor grounds venue questions and suggestions: **Ryan Willerton**, Director of Student Activities for Programming

REGISTERED GRADUATE STUDENT CLUBS FOR 2009-2010

Aerospace and Mechanical Engineering Graduate Student Department Organization

For more info email the Student Activities Office.

Beta Gamma Sigma

BGS inducts qualifying students based on academic performance. bgs@nd.edu

Biology Graduate Student Organization

Email bgso@nd.edu or visit <http://www.nd.edu/~bgso/>

Chinese Friendship Association, Notre Dame

Email ndcfa@nd.edu or visit <http://www.nd.edu/~ndcfa/>

Earthquake Engineering Research Institute

Email eeriund@nd.edu or visit <http://www.nd.edu/~eeriund/>

Graduate Student Union

Email gsu.1@nd.edu or visit <http://www.gsu.nd.edu>

Graduate Theological Society

Email gts@nd.edu or visit <http://www.nd.edu/~gts/>

Korean Graduate Student Association

Email kgsa@nd.edu or visit <http://www.nd.edu/~kgsa/>

Master of Science in Accountancy Association

Email msaa@nd.edu or visit <http://www.nd.edu/~msaa>

Sociology Ph.D. Student Society (SPSS)

For more information, please e-mail the Student Activities Office.

SPIE (Student Chapter, International Society for Optical Engineering)

Email spie@nd.edu or visit <http://www.nd.edu/~spie>

Thomas Aquinas Society

Email tac@nd.edu or visit <http://www.nd.edu/~tac>

ALUMNI ASSOCIATION

ECK VISITOR'S CENTER
M-F 8am-5pm
(574) 631-6000
ndalumni@nd.edu
<http://alumni.nd.edu/>

Welcome to the Notre Dame family! Before long, you will be an alum - joining a network of 120,000 alumni and over 250 Notre Dame clubs worldwide. Tap the power of the Notre Dame family network and join Irish Online (<http://alumni.nd.edu>) today.

Through Irish Online, you can:

- **ACCESS THE ONLINE DIRECTORY**
Current Notre Dame students can view their profile in the Online Directory. Seniors and all Grad students can search the entire Alumni directory by class year, dorm, geographic location and many other criteria.
- **ACCESS THE CAREER SERVICES**
Irish Online is a valuable career and networking resource for students. Through Irish Online, you can search for career opportunities, post your resumes and connect with ND alumni who are willing to be your mentor.
- **SIGN UP FOR EMAIL FORWARDING**
Through Irish Online, students can obtain a free email address in the form of yourname@alumni.nd.edu. This e-mail forwarding service is free to all Notre Dame alumni.

MISCELLANEOUS

SPOUSAL IDS

If you are an incoming married graduate student or a newly married graduate student and you wish to obtain a University Identification Card for your spouse, you will need to fill out the registration form located at <http://www.gsu.nd.edu/files/idcard.pdf> and return it to the Graduate School, 502 Main Building. Note: if you are a U.S. citizen, you will need to present a copy of your marriage license to the Graduate School for verification when you submit your registration form. If you are an international student, you will need to present your I-20 form along with the spouse ID registration form.

DOMER DOLLARS

Domer Dollars are a declining balance tender, like a debit card tender, paid in advance and programmed onto your ID card. The balance will carryover from semester to semester, year to year. If you would like Domer Dollars on your ID card, sign up online: http://food.nd.edu/on_campus_students/services/domerdollars.html -- or pay by CASH or CHECK in the Card Services Office, 1 South Dining Hall.

ENJOYING MICHIANA

ART & MUSEUMS

THE SNITE MUSEUM OF ART

On campus, near the Stadium.

Currently a collection of over 23,000 objects are owned by or on long term loan to the museum. Admission to the Snite Museum is free of charge. For more information on current galleries you can visit the museum's web site at www.nd.edu/~sniteart/ or call (574) 631-5466.

COLLEGE FOOTBALL HALL OF FAME

111 S St. Joseph St., South Bend.

Documents the history of college football, its athletes, coaches, and memorable games using interactive displays, football skills tests, and a gift shop. Admission is charged, but student and child discounts are available. For more information on the museum call (800) 440-FAME or visit the web site at collegefootball.org.



STUDEBAKER NATIONAL MUSEUM

201 Chapin St., South Bend.

Exhibits include more than 100 carriages, wagons, and trucks bearing witness to a century long history of the Studebaker Automotive company. The museum is open 7 days a week, year-round. Admission is \$8.00 for adults or \$5.00 for students. For more information you can visit the website at studebakermuseum.org or call (574)235-9714.

MIDWEST MUSEUM OF AMERICAN ART

429 S. Main St., Elkhart, IN, 46516.

Showcases 19th and 20th century American art. Along with the original paintings by Norman Rockwell the Midwest Museum houses a large collection of hand signed lithographs by this famous American artist. Admission is \$4.00 for adults or \$2.00 for college students. For more information you can visit the web site at midwestmuseum.us or call (574)293-6660.

NORTHERN INDIANA CENTER FOR HISTORY

808 W. Washington St., South Bend.

Comprises several buildings of interest including a magnificent historic site that showcases an elegant, 38-room Victorian mansion, a charming cottage reflecting the 1930s, a gallery that chronicles local history, a gallery of Notre Dame history, a children's museum plus compelling exhibitions. For more information you can visit the website at centerforhistory.org or call (574)235-9664.

SOUTH BEND REGIONAL MUSEUM OF ART

Century Center, 120 S. St. Joseph St., South Bend.

Exhibits feature local artists as well as art objects created by regional and national artists. Admission is free of charge for members or a \$5 donation is requested of non-members. For more information you can visit the museum web site at www.sbrma.org or call (574)235-5782.



MOVIES & ACTIVITIES

MOVIES

BROWNING CINEMA

On campus.

Shows movies throughout the year, ranging from art house to popular films in the DeBartolo Performing Arts Center. Admission is less than \$5 and often free. Current and upcoming movies times can be found at performingarts.nd.edu.

CINEMARK MOVIES 6 (dollar theater)

6264 N. Grape Rd., Mishawaka.

Shows recent movies for \$1.50 except \$2.00 on Fri./Sat. evenings and only \$1.00 all day Wednesday. Theatre and parking is located off University Drive, just behind Best Buy.

NOTRE DAME RENTAL PROGRAM

103 LaFortune Student Center

Free DVD rentals. See www.nd.edu/~dvds for list of available movies.

HOURS: M & W: 3pm-5pm, T & Th: 1:30pm-3:30pm, F: 11am-1pm, Sun.: 2pm-4pm

Please bring your student ID and a one time REFUNDABLE \$5 security deposit.

CINEMARK MOVIES 14

910 W. Edison, Mishawaka.

KERASOTES SHOWPLACE 16

450 W. Chippewa Ave., South Bend.

TRI-WAY DRIVE-IN

4400 N. Michigan Rd., Plymouth, IN, 46563.

This drive-in theatre shows double features for the price of one admission to a regular theatre. Visit www.triwaydrivein.com for more information on the drive-in and its weekly features.

VICKERS THEATRE

6 N. Elm St., Three Oaks, MI, 49128.

This theatre is a turn of the century film house that has been restored and now features many independent movies you won't find at the local movie theatres. For more information on current showings, visit www.vickerstheatre.com.

THEATRES AND CULTURAL EVENTS

DEBARTOLO PERFORMING ARTS CENTER

On campus.

Offers many plays and music performances throughout the year as well as film events shown in Browning Cinema. Student admission to most performances is only \$15. For information on upcoming events visit their website performingarts.nd.edu.

MORRIS PERFORMING ARTS THEATRE

211 N. Michigan St., South Bend.

Morris presents a wide range of performances year round, including comedians, concerts from all music genres, and Broadway show productions. For information and tickets visit their website www.morriscenter.org.

SOUTH BEND CIVIC THEATRE

211 W. Madison St., South Bend.

Approximately 15 different full-length productions are held each year. For more information on shows and ticket prices visit their website at www.sbct.org.

SOUTH BEND SYMPHONY ORCHESTRA

Performances generally take place at the Morris Performing Arts Center or the DeBartolo Performing Arts Center. The symphony offers programs running from September to May. Check out their website www.southbendsymphony.com for information and dates on the entire season of performances.

BOWLING

STRIKES & SPARES

5419 N. Grape Rd., Mishawaka.

Includes a 9 hole black light mini golf course, and arcade along with bowling specials on some days. Visit www.myspace.com/strikesandsparses for information on current specials.

CHIPPEWA BOWLING

225 W. Chippewa Ave., South Bend.

Another great bowling location! Generally, there are great specials on bowling throughout the week. Visit www.myspace.com/chippewabowl for the current specials.

MISCELLANEOUS

SOUTH BEND SILVER HAWKS

Coveleski Stadium, 501 W. South St., South Bend.

South Bend's local minor league baseball team plays games from April to September and offers great deals on games throughout the week. Visit www.silverhawks.com for schedules and more information.

PUTT PUTT GOLF AND GAMES

3615 N. Main St. Mishawaka.

Offers 3 mini golf courses and an arcade.



HACKERS GOLF N GAMES

3019 S. 11th St. Niles, MI, 49120.

Offers mini golf, batting cages, go carts, an arcade, and a golf range.

LAKE MICHIGAN SHORE WINE TRAIL

Visit the wineries of Michigan's southwest. With light, beach like soils and lake effect climate, this small corner of the state is an American Viticultural Area and contains over 10,000 acres of grapes. Organize a wine tasting trip and/or attend a special themed event organized by the 12 participating wineries. For groups of 10 or more, they request you call each winery ahead of time to make arrangements, and always have a designated driver. www.miwinetrail.com

Favorite day trip

Rebecca McCumbers, Political Sci.

"Shipshewana, IN. I think it's a little less touristy than Amish Acres, and in the summer there are flea markets with fresh produce, housewares, and fascinating "junk" to sift through."



PARKS & RECREATION

SOUTH BEND PARKS & RECREATION provides information on the local parks and adult activities, including sports leagues and classes, at www.sbpark.org or call (574) 299-4765. Some favorite parks include:

- East Race Whitewater Course is an artificial whitewater course open during the summer months as well as 5 mile urban jogging path, fitness stations, and a fish ladder.
- River Side Trail has 9 miles of sidewalks for walking, jogging, and biking along the St. Joseph River.
- Potawatomi Zoo is over 100 years old and was recently named one of the top 20 zoos for families.
- Rum Village Park is a local nature center that has hiking trails, biking trails, and picnic areas.

ST. PATRICK'S COUNTY PARK

50651 Laurel Rd., South Bend, 46637.

Picnics, hiking, canoe rental, and winter innertubing or cross country skiing are all available on the north side of South Bend. Find more info at www.sjcparks.org/stpats.html.

POTATO CREEK STATE PARK

25601 State Road 4, North Liberty, IN, 46554.

Located about 12 miles south of South Bend, this park offers hiking, bike rentals, mountain biking trails, fishing, cabins, and camp sites. For more info visit www.in.gov/dnr/parklake/2972.htm.

SILVER BEACH, ST. JOSEPH, MICHIGAN

101 Broad Street, St. Joseph, MI 49085

Approximately 45 minutes away from South Bend, Silver Beach County Park has a guarded swimming area on Lake Michigan, volleyball areas, pier fishing, a half-mile, barrier free walkway and a reservable picnic shelter. The park also hosts outdoor concerts during the summer. Touristy St. Joseph offers unique shops and restaurants a short walk from the beach. Visit goswm.com for more information on Silver Beach and the rest of southwest Michigan.

INDIANA DUNES STATE PARK

1100 N. Mineral Springs Rd., Porter, IN, 46304.

This park provides sandy beaches and natural dunes on the shores of Lake Michigan. It takes about 1 hour to drive to the Indiana Dunes from South Bend. Visit www.nps.gov/INDU for more information on this park.

WARREN DUNES

12032 Red Arrow Highway, Sawyer, MI, 49125.

Another popular beach spot on Lake Michigan approximately 45 minutes from South Bend with areas for hiking and cross-country skiing. Visit www.michigandnr.com for more info.



FOOTBALL GAMES

As you all know, football is big here at Notre Dame, VERY BIG. Here are a few tips on how to have the most fun and the least headaches during football season.

PARKING

Game day parking is not allowed on campus (exception of on-campus residents parking in FOG or the Village) unless you have a special hanging tag. Those with parking passes can park in White Field, off of Juniper between Douglas and Cleveland, for free. If you want to be parked next to a friend, try to meet up beforehand and drive to the field together.

TIP

Bring an unopened waterbottle to the game if you don't want to pay the high price of the concessions stand.

NOTRE DAME PARAFANILIA

The Bookstore has nice wears, but for less expensive Irish gear, head to the Clearance Center on Ironwood. They receive clothing and goods directly from the bookstore. JC Penney and even Meijer also sell "official" Notre Dame gear.

Avoid the bookstore at all costs on Game Day.

EVENT SCHEDULE

Go to www.und.edu to find The Gridiron Guide, a guide to all Irish activities for the weekend.

RESTAURANTS

There are a number of restaurants in the area from hole in the walls to fine dining. The South Bend/Mishawaka area includes a plethora of chain restaurants, but in this section we try to highlight the local favorites (ok, and maybe some chains) and places specifically frequented by graduate students. However, if you are missing the familiar food and environment of the chain restaurants, swing by Grape Rd. or Main St. (both in Mishawaka) between Edison and Cleveland Rd. to find almost any of the familiar chains.

ITALIAN

BARNABY'S PIZZA

*713 E. Jefferson St., South Bend
or 3724 Grape Rd., Mishawaka.*

Sandwiches and pizza are the only entrées at this family dining site. In the past only cash was accepted, but an ATM is provided on site.

BRUNO'S PIZZA

2610 Praire Ave., South Bend (plus 2 other locations in the area).

This place makes absolutely huge pizza's and is one of the very favorites of South Bend locals.

CARMELA'S AT MACRI DELI

214. N. Niles Ave., South Bend

Italian bistro with a fancier atmosphere.

FRANCESCO'S

1213 Lincolnway West, Mishawaka.

Classic southern Italian dishes are served in a cozy atmosphere with a fireplace and lots of windows.

GIANETTO'S PIZZAREIA

100 Century Center, Mishawaka.

Famous for their stuffed, Chicago style pizza's, Gianetto's is a unique family restaurant. Prices are reasonable, and the food is plentiful!

MACRI'S BAKERY

214 N. Niles Ave., South Bend.

This place has good food and amazing Italian desserts in their bakery. They make large grilled sandwiches with imported and domestic meats and cheeses, and they even have some specialty Italian products to take home.

PARISI'S RISTORANTE ITALIANO

1412 South Bend Ave., South Bend.

Conveniently located near campus, Parisi's has good food in a nice atmosphere. They've recently added food specials, which makes this a much more affordable dinner option.

POLITO'S ITALIAN PIZZARIA RESTAURANT

401 N. Hickory Rd., South Bend.

This recently rebuilt restaurant makes great pizza and is well known for its vodka sauce.

ROCCO'S

537 N. St. Louis Blvd., South Bend.

Rocco serves good pizza and provides warm service with very cold beer. Pizza and pasta are available at reasonable prices and is open until 1 am. This is a family owned place that has been a must try in South Bend for over 50 years.

THE VINE

103 W. Colfax, South Bend.

This is more upscale dining in downtown South Bend. The food's a little bit pricey, but it's a nice atmosphere and convenient location.

"My favorite place to eat in SB is the Cambodian Thai restaurant because the food is deliciously spiced, the serving size is just right and the value is tremendous!"

Andy Bramsen,
Political Sci.



ASIAN/INDIAN

CAMBODIAN THAI

229 S. Michigan St., South Bend.

This is a favorite of many graduate students! It's a very small restaurant in downtown South Bend with very reasonable prices, large quantities, and great food.

KHUN-DAENG THAI KITCHEN

302 E. Russ Ave., Mishawaka.

Authentic, tasty Thai with a quaint atmosphere.

GOLDEN DRAGON

54533 Terrace Ln., South Bend (off of State Rd. 23)

3302 Portage Ave # D, South Bend

Typical, but decent, inexpensive Chinese eat-in, takeout, and delivery.

GRAND EMPIRE INTERNATIONAL BUFFET

313 W. McKinley Ave., Mishawaka.

This restaurant offers an expansive buffet of Chinese food for anyone looking for a lot of food for a reasonable price.

INDIAN GARDEN RESTAURANT

615 W. Edison Rd., Mishawaka.

Decent prices for hefty portions of Indian food. There's even a daily buffet at lunch.

J.W. CHEN'S

1835 South Bend Ave., South Bend.

Pretty good Chinese food at reasonable prices. JW Chen's has a good lunch time deal too and with its close proximity to campus, it's perfect for an off campus visit.

MARTINS SUPERMARKET (SUSHI)

2081 South Bend Ave., South Bend.

Many people like to buy their sushi and sashimi right from the sushi counter at Martins. A quick and easy way to satisfy your sushi craving.

SUNNY'S KOREAN GARDEN PATIO

512 S. Spring St., Mishawaka.

This place has had some mixed reviews, but is often considered a great find in a homey atmosphere.

TAJ INDIAN RESTAURANT

508 W. McKinley Ave., Mishawaka.

The other popular Indian restaurant. Also offers a tasty lunch buffet.

TOYO JAPANESE RESTAURANT

620 W. Edison Rd., Mishawaka.

This is one of the few places in South Bend where you can find sushi and sashimi. The food is decent (considering it is a landlocked state) but service can sometimes be subpar.

MEXICAN

EL PARAISO

425 S. Main St., South Bend.

Authentic and affordable Mexican restaurant attached to a Hispanic market in downtown South Bend.



LA ESPERANZA

1636 N. Ironwood Dr., South Bend.

Serves authentic Mexican food at reasonable prices. We also hear there is nice selection of margarita flavors.

MAZATLAN

507 E. McKinley Ave., Mishawaka.

Delicious food with a good selection of combination platters.

AMERICAN (ok, and a few chains that are favorites!)

BAR LOUIE

University Park Mall, 6501 Grape Rd., Mishawaka.
Bar Louie offers a nice bar area that opens up into a patio. There's a decent food and beer selection, with some great specials that change throughout the year.

BETWEEN THE BUNS

1803 South Bend Ave., South Bend.
This is a fairly traditional sports bar covered in sports memorabilia and flat screen TV's, including individual TV's at each booth. They offer daily specials on food and drinks in a casual environment.

CJ'S PUB

417 N. Michigan St., South Bend.
Often voted the best hamburger in town. CJ's is a great place to get a burger, fries, and cold beer.

FIDDLER'S HEARTH

127 N. Main St., South Bend.
Fiddler's is conveniently located in downtown South Bend and has great live entertainment and good beer specials almost every day. They serve a variety of traditional Irish dishes, like Sheppard's Pie or Fish & Chips, in a relaxed environment.



GRANITE CITY

University Park Mall, 6501 Grape Rd, Mishawaka.
This restaurant features casual dining and its own brewery on site. The food is well made and in generous portions. By paying an initial fee to join their Mug Club, you receive 10% off all food purchases and discounts on beer.

K'S GRILL & PUB

1733 South Bend Ave., South Bend.
Located close to campus, K's offers very cheap food and special deals on hot dogs to Notre Dame students.

LEGENDS

On campus near the football stadium.
Legend's serves up food and drinks at the convenience of campus.

NICK'S PATIO

1710 N. Ironwood, South Bend.
Offers a relaxed environment that serves home style favorites and breakfast all day long. Nick's is open 24 hrs and frequented most heavily after the bars close around 3 am.

NOMA

119 N. Michigan St., South Bend.
A trendy Asian fusion restaurant and bar with good food and drinks, but pricy.



OAKEN BUCKET

1212 S. Ironwood, South Bend.
They serve one of the best cheeseburgers in town with huge portions. This has a great atmosphere with a patio that overlooks the river.

THE PUB

408 W. Cleveland Road, Mishawaka
The Pub serves Mishawaka Brewing Company ales, domestic beer, wine, and spirits, and also offers tasty appetizers, pizza, and sandwiches.

Pick up growlers of your favorite local brew or soda! Purchase homemade root beer, cherry cola, orange crème and lime pop!

RITTER'S FROZEN CUSTARD

3921 N. Main St., Mishawaka.
This walk up stand serves some great frozen custard for the summer months in South Bend.

Show them your student ID and get a 25% discount on your custard!

SOUTH BEND CHOCOLATE CAFÉ

122 S. Michigan St., South Bend.

Building on their success for great chocolate, coffee, and desserts, South Bend Chocolate Company recently opened this expanded café to offer soups, sandwiches, hot dogs, and salads. There's even a children's play area and a gift shop of candy goodies.

FANCY

CARRIAGE HOUSE

24460 Adams Rd., South Bend.

Located in a historic church with beautiful gardens, this is one of the most expensive restaurants in town. Known for their classic French menu and wine selection, this is a great choice if you have the money!

LASALLE GRILL

115 W. Colfax Ave., South Bend.

Another great restaurant if you are looking for a nice meal and don't mind spending a bit more. LaSalle is located conveniently downtown and includes Club LaSalle above (with cigar room – can be smoky at times) if you're just looking for a nice drink and dessert.

COFFEE SHOPS

CHICORY CAFÉ

105 E Jefferson St., South Bend.

This is a French Quarter style Coffee House that sometimes features open mic nights or Indie Folk bands. www.chicorycafe.net

INDULGENCE PASTRY SHOP AND CAFÉ

3622 Edison Rd #200, South Bend.

As their full name indicates, Indulgence serves up coffee with some delicious pastries. Free wifi too. www.indulgencepastryshop.com



TRIO'S RESTAURANT & JAZZ CLUB

129 N. Michigan Ave., South Bend.

Upscale casual dining at slightly higher prices, Trio's offers live Jazz four nights a week. The fare selection is associated with food from two popular jazz cities, New Orleans and Kansas City.

TIPPECANOE PLACE

620 W. Washington St., South Bend.

Located in the former Studebaker mansion, Tippecanoe offers nice food while you dine surrounded by antiques and hand crafted wood. They also offer a very popular Sunday brunch.



Studebaker Mansion

You also have many fancy options, including Ruth's Chris Steakhouse, in the new Granger shopping developments.

LULA'S CAFÉ

1631 Edison Rd., South Bend.

This place is so close to campus you almost have to visit it at some point.

SOUTH BEND CHOCOLATE CAFÉ

122 S Michigan St., South Bend.

They have a nice coffee selection and always good desserts to go with it. This is a pretty common meeting space for groups, with large tables inside and some outdoor seating.

UGLY MUGS COFFEE & CULTURE

102 N Main St., South Bend.

Located downtown, Ugly Mugs features many coffee house favorites, like open mic nights and poetry readings. www.uglymugs.wordpress.com

SOUTH BEND/MISHAWAKA LIVING

GRADUATE SURVEY RECOMMENDATIONS

Recently, graduate students were asked to fill out a survey listing their favorite area businesses. Hopefully, these suggestions will give you a head start on finding all the best deals in the area. View complete survey results with comments on the GSU website www.gsu.nd.edu.

BEST DENTAL CARE PROVIDERS

- Afdent Dental Services – 605 Douglas Rd, Mishawaka. www.afdent.com
- IUSB Dental Hygiene Clinic – Riverside Hall, IUSB Campus. Operates from Sep-June only.
- Klopentine Dental Office – 51584 Indiana State Route, South Bend.
- Riverbend Associate Dentists – 521 E Monroe, South Bend. www.associatedriverbenddentists.com
- Brennan Dental Group – 330 Park Pl., Mishawaka. www.brennandentistry.com
- Benifiel Dentistry – 925 University Dr., Granger. www.benifiel.com
- Dr Tad Lovan – 221 S. Eddy St., South Bend. www.drtadlovan.com

BEST EYE CARE

- Walmart Vision Center, particularly Dr. Rhodes at the Indian Ridge Store – 316 Indian Ridge Blvd., Mishawaka.
- Lenscrafters, particularly Dr. Garcia – at University Park Mall, 6501 N. Grape Rd., Mishawaka. www.lenscrafters.com
- Michiana Eye Center & Facial Plastic Surgery – 230 E. Day Rd., Mishawaka. www.mecfps.com
- Bluth Gerber & Schwartz Eye – 707 N. Michigan #210, South Bend. www.bgseyecare.com
- C&B Optical One – 4121 S. Michigan St., South Bend. www.cboptical1.com
- Pearle Vision – 6502 Grape Rd., Mishawaka. www.pearlevision.com

BEST HEALTH CARE SERVICES

- South Bend Clinic – 211 N. Eddy St., South Bend. www.southbendclinic.com
- Memorial Hospital – 615 N. Michigan St., South Bend. www.qualityoflife.org
- Granger Family Medicine – 52500 Fir Rd., Granger, IN.
- Navarre Pediatric Group – 100 Navarre Pl. #4440, South Bend.

See the GSU webpage for more information on healthcare. Click on health care in the navigation menu.

BEST MECHANICS

- Zolman Tire – 18255 Vaness St or 406 E. Monroe St., South Bend or 305 W Edison Rd, Mishawaka. www.zolmantire.com
- Car-X Auto Services – 317 S. Dixie Way, South Bend. www.carx.com
- MD Lillie Auto Service – 51081 Indiana State Route 933, South Bend.
- Rick’s Auto Service – 405 W. Jefferson Blvd, Mishawaka. www.ricksautoservice.org
- Gates Toyota – 333 W. Western Ave, South Bend. www.gatestoyota.com

BEST GROCERY OPTIONS

- Meijer – 5020 Grape Rd., Mishawaka or 3600 N. Portage Rd., South Bend. Meijer is very much like a Walmart in what it carries, but tends to have slightly higher quality goods. www.meijer.com
- Martin’s – Visit www.martins-supermarkets.com to find all area locations. Martin’s is particularly recommended for quality, especially in produce. The Granger Martin’s (7355 Heritage Square, Granger, IN) is especially praised for quality.
- SuperTarget – 155 University Dr., Granger. This store was praised for affordable organic selections. www.target.com
- Farmer’s Market – 1105 Northside Blvd., South Bend. Open Tuesday and Thursday-Saturday. This is the best place to buy locally grown produce. www.southbendfarmersmarket.com
- Walmart Supercenter – 316 Indian Ridge Rd., Mishawaka or 3701 Portage Rd., South Bend.
- Kroger – 4 locations in the Michiana area. Visit www.kroger.com for all locations.
- Saigon Market – 208 W. Colfax Ave, South Bend. A good Asian food grocer in the area.

SHOP LOCALLY, SHOLO

A new South Bend-based organization, Sholo (which stands for Shop Locally), works to raise awareness about the economic impact of purchasing local products. For more information and a list of Sholo's participating stores, please visit www.sholo.org.

Top 10 (random) Michiana Favorites

Kelly Martin, Civil Engineering

1. Lake Michigan of course
2. Cambodian Thai
3. St. Patrick’s Park – nice trails, Frisbee golf, cross country skiing, picnic shelters, etc.
4. Mishawaka Riverwalk – Beautiful landscaping
5. The Folk Choir (Basilica)
6. Chocolate Café regular hot chocolate with whipped cream in a fancy glass mug
7. Football and fall weather
8. Apple picking in Michigan
9. Sunburst Races (5k, 10k, ½ marathon, marathon) in June – end on the 50 yard line of the football field
10. St. Joseph County Library – It comes highly recommended by many students. Also check out Better World Books.



TRANSPORTATION

AIR

South Bend Regional Airport (SBN)

Flights are more expensive from SBN than the Chicago airports, but once you factor in bus fare or parking fees, the price is often competitive or only slightly higher.



Chicago O'Hare International Airport (ORD)

One of the nation's busiest airports. ORD is the largest hub for United and the second largest for American.

Chicago Midway International Airport (MDW)

Midway is less busy than O'Hare and also closer to Notre Dame. Southwest flies out of this airport.

BUS

TRANSPO <http://www.sbtranspo.com/>

The Transpo Bus, **free for Notre Dame and Saint Mary's students (and spouses), faculty, and staff**, is South Bend's public transportation system. It may be convenient if you live on a route. The most popular route for students is The SWEEP, a sweep around campus, St. Mary's, and University Village.

COACH USA TRISTATE/UNITED LIMO

<http://www.coachusa.com/tristateunitedlimo/>

The Coach USA bus will take you from campus or the South Bend Airport to Midway or O'Hare. It runs

daily every two hours and takes approximately 3.5 hours.

You can buy tickets online, but it is also easy to buy tickets on the bus using cash and/or credit card. One-way: \$36. Round Trip: \$65. **If you purchase your ticket at St. Anthony's Travel located in the LaFortune Basement, you receive a small discount.**

GREYHOUND www.greyhound.com

The closest station is located at the South Bend Regional Airport.

TRAIN

SOUTH SHORE TRAIN www.nictd.com

The South Shore Train travels between South Bend Regional Airport to Millenium Station in Chicago with many stops along the way. From South Bend Regional Airport to Millenium Station One Way: \$10.75. Purchase tickets at the airport or online.

AMTRAK www.amtrak.com

The closest Amtrak stations include Millenium Station, Chicago, Illinois or Niles, Michigan.



Founded in 1969, the Graduate Student Union (GSU) is a student organization which represents all graduate students of the four divisions of the Graduate School (Engineering, Humanities, Science and Social Sciences). The GSU promotes excellence in graduate education, and strives to meet the needs of graduate students in all aspects of student life.

WHAT HAS THE GSU DONE?

- Organized the first Graduate Student Research Symposium with a one-time funding from the Graduate School. The event served to showcase graduate research to members of the Notre Dame Graduate Advisory Council as well as the general public;
- Successfully lobbied for subsidized health insurance effective 2004. As of 2009, the subsidy is at 70% of the total premium;
- In conjunction with the University Committee for Women Faculty and Students (UCWFS) and General Counsel's office, the GSU helped to (i) put in place a medical separation policy for graduate students effective September 2005, and (ii) provide graduate students with access to lactation spaces on campus;
- Continues to obtain increases in stipends for teaching assistants;
- Provides access for graduate students in the SUB DVD rental program;
- Successfully pushed for additional campus graduate student housing;
- Was instrumental in the creation of the family center in the housing facility for married students;
- Worked toward obtaining affordable on-campus childcare; and
- Created a "graduate students only" computer cluster and study spaces (with financial support from the Graduate School) located in Hesburgh Library;

WHAT IS THE GSU DOING NOW?

- Effectively represents graduate student interests to the university administration;
- Improves the life for graduate students through social, cultural, professional, and intellectual activities (such as ice skating events, holiday gatherings, Halloween parties, and discounted theater tickets) to enhance the graduate school experience outside of the classroom or laboratory;
- Promotes the cooperation and interaction between graduate students and faculty, undergraduates, and all other members of the university community;
- Conducts an orientation program for new, incoming graduate students to aid in acclimating themselves to the Notre Dame environment;
- Offers a Conference Presentation Grant Program, supported by the GSU and the Graduate School, to help subsidize expenses incurred while presenting original research at a conference;
- Continues its efforts to seek the highest possible quality of education and life for graduate students. This includes lobbying for affordable health insurance for both graduate students and their families, involving graduate students in several service projects, and endeavoring to assist graduates in finding job opportunities once they leave Notre Dame.

NOTRE DAME, OUR MOTHER

NOTRE DAME, OUR MOTHER,
TENDER, STRONG, AND TRUE,
PROUDLY IN THE HEAVENS,
GLEAMS THY GOLD AND BLUE.

GLORY'S MANTLE CLOAKS THEE,
GOLDEN IS THY FAME,
AND OUR HEARTS FOREVER,
PRAISE THEE NOTRE DAME.
AND OUR HEARTS FOREVER,
LOVE THEE NOTRE DAME.

AN INFORMAL GUIDE TO GRADUATE STUDENT
LIFE AT THE UNIVERSITY OF NOTRE DAME



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